



OFFICE OF THE MAYOR
CITY OF CHICAGO

RAHM EMANUEL
MAYOR

PROCLAMATION

WHEREAS, yoga is a spiritual discipline that brings harmony between the body and mind; and

WHEREAS, the word "yoga" is derived from the Sanskrit root yuj meaning "to join" or "to unite"; and

WHEREAS, the goal of yoga practice is to overcome various forms of suffering that lead to a sense of freedom that provides health and happiness; and

WHEREAS, on December 11, 2014, The United Nations General Assembly declared June 21st as the International Day of Yoga; and

WHEREAS, close to 3,000 citizens around the country will honor international Yoga Day through the practical demonstration of yoga; and

WHEREAS, the Consulate General of India and over a dozen leading socio-cultural, spiritual and community organizations will celebrate the inaugural ceremony of the Second International Day of Yoga on Saturday, June 25th;

NOW, THEREFORE, I, RAHM EMANUEL, MAYOR OF THE CITY OF CHICAGO, do hereby proclaim June 21, 2016 to be INTERNATIONAL YOGA DAY IN CHICAGO and urge all Chicagoans to take part in the celebrations acknowledging the mental, physical, and spiritual benefits of yoga.

Dated this 8th day of June, 2016.

A handwritten signature in blue ink that reads "Rahm Emanuel".
Mayor