



Proclamation

WHEREAS, in September 2014, Prime Minister Narendra Modi of India addressed the 69th Session of the United Nations General Assembly in New York City and proposed the adoption of an International Day of Yoga; and,

WHEREAS, the 69th Session of the United Nations General Assembly adopted a resolution led by India on December 11, 2014, designating June 21st as an International Day of Yoga; and,

WHEREAS, since 2014, 175 nations have joined this resolution to adopt an International Day of Yoga; and,

WHEREAS, Illinois is now home to more than 190,000 Indian Americans who make valuable contributions to enhancing the vibrant diversity of our state; and,

WHEREAS, yoga represents an ancient practice and holistic approach to improving one's quality of life and well-being; and,

WHEREAS, the practice of yoga encourages lifestyle behaviors and habits that foster good health; and,

WHEREAS, many individuals and organizations from all backgrounds will observe the International Day of Yoga across the State of Illinois;

THEREFORE, I, Bruce Rauner, Governor of the State of Illinois, do hereby proclaim June 25, 2016, as **INTERNATIONAL YOGA DAY** in Illinois, to recognize the cultural significance of yoga and to raise awareness of the benefits of yoga.

In Witness Whereof, I have hereunto set my hand and caused the

Great Seal of the State of Illinois to be affixed.

Done at the Capitol in the City of Springfield.



this EIGHTH day of JUNE , in

the Year of Our Lord, two thousand and

 SIXTEEN , and of the State of Illinois,

one hundred and NINETY-EIGHTH .

Dee Dee White

SECRETARY OF STATE

Bruce Rauner

GOVERNOR